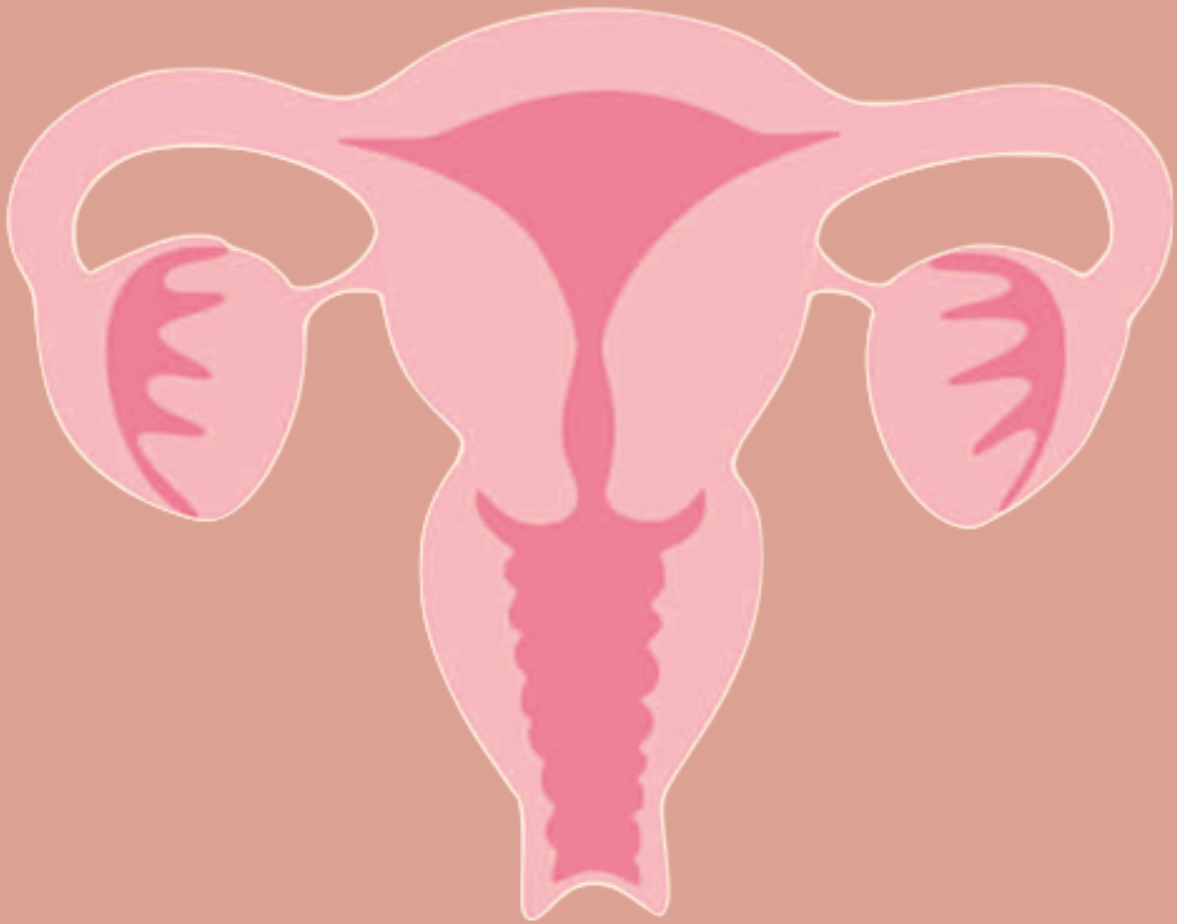


CONTEXTUALIZING STERILIZATION

A discussion of reproductive autonomy



Interactive Podcast Guidebook

Creator Notes and Warnings

Dear listener,

Thank you so much for taking the time to listen to our podcast. We hope it gives you the tools to think more critically about the discourse and rhetoric surrounding reproductive autonomy. That being said, the podcast discusses some deeply personal issues regarding reproductive issues, particularly pertaining to racism, ableism, eugenics, transphobia, and misogyny. We understand that these topics are difficult and painful to confront, and implore you to take the time and space to process them within your comfort zone. Furthermore, at points we use the term "women" in the podcast and in the guidebook to refer to people with female reproductive anatomy who identify with the female gender - we recognize that not all women have such anatomy, and that identifying as female is independent of reproductive abilities.

The goal of this guidebook is to help you digest the information presented in the podcast at a slower pace, and to think about how precedents and standards in the realm of reproductive health directly influence your own experiences and opportunities. Please feel free to refer back to it, and use it to your advantage to enrich your listening experience. References are provided at the end of the guidebook for you to continue your engagement with this topic.

Again, we thank you for taking the time to listen to our podcast. We hope it encourages you to demand reproductive autonomy for all, and to recognize the social barriers rooted in our healthcare systems.

Best wishes,

The Contextualizing Sterilization Team

Podcast Link

<https://soundcloud.com/kayleigh-ruller/contextualizing-sterilization-soc-gen-108-capstone-1/s-a8K07nVmhe0>

Who doesn't get a choice?

Prompt 1:

Who is affected by increased restrictions on reproductive treatments?
List at least 3 groups or individuals. How are they affected by these restrictions?



Prompt 2:

What purpose does restricting reproductive freedom serve?
Who gains from these restrictions? What narratives are emphasized through reproductive restriction?



Who does get a choice?

Prompt 3:

What does reproductive freedom mean to you?

Circle the words below that resonate with you, or add your own!



Image from the UC Davis Feminist Research Institute

Prompt 4:

Who do you think has the most control over their reproductive biology?

A large rectangular area defined by a dotted border, intended for a response to the prompt above.

Ensuring Reproductive Freedom

Prompt 5:

In your opinion, what's the best way to ensure reproductive freedom?

Policy Changes

Training Medical
Professionals

Patient Education



Can reproductive autonomy be ensured by only focusing on one of these areas?



PROMPT 6: YOUR PERSONAL REPRODUCTIVE CARE PLAN



FILL IN THE BLANKS:

1. My race is _____.
2. My socio-economic status is _____.
3. My gender identity is _____.
4. My age is _____.
5. My sexuality is _____.
6. My highest education level is _____.
7. Circle one: I received a comprehensive sex education (yes/no)

ESSAY:

What treatments would you consider for your current needs? What factors would you consider for long-term care? How would your plan change over time?

.....

How do the identities you wrote down inform your reproductive healthcare plan?

.....

If you filled in the blanks above with different identifiers, would you still be able to utilize the reproductive healthcare plan you came up with?

Prompt 7:

Reproductive freedom is sometimes written off as a women’s issue. Based on the podcast and your own opinions, how is reproductive autonomy a human rights issue?



Prompt 8:

Reflect on the first prompt. Has your view of stakeholders in reproductive restrictions changed? Why or why not?



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